Personalities in teams

Champion N. Nyoni, PhD
AfriPEN, AfroPHC,
University of the Free State
AfroPHC
Purpose of this session

The overall outcome of this session is to discuss the influence of personalities in the function of the healthcare team.
Myers Briggs Typology (MBTI)

- Introversion (I) vs Extroversion (E)
- Sensing (S) vs iNTuition (N)
- Thinking (T) vs Feeling (F)
- Judging (J) vs Perceiving (P)
INTERACTION: Introversion vs Extroversion

→ The focus on your attention and your energy
→ Do you prefer to spend time in the outer world of people and things
→ Do your prefer your own inner world of ideas and images
→ Meaning is actually different compared to every day use
After a long work week at a workshop. You realise that you have a Friday afternoon off. Which statement describes what you would prefer to do?

None of the options are correct!

- Go home, take a nap and spend a quiet evening
- Call my friends, and actually go out for the evening
RECEIVING INFO: sensing vs intuition

- Do your pay attention to information that comes through with your five senses or do you pay attention to the patterns and possibilities in that information?

- Sensing - You notice facts, remember detail, like to see the practical thing, learn best when things are practically applied.

- Intuition - You learn by thinking of a problem, you prefer to work in abstractions, symbols and theories, you remember impressions than actual facts.
Select one response that best summarises what you see on the picture

None of the options are correct!

1 tree, Four roads, A white signpost, a grey field

A nation at cross roads, a bleak future, mechanisation, deforestation
DECISIONS: Thinking or Feeling

→ Do you put weight on objective principles and impersonal factors or do you put more weight on personal concerns and people involved

→ Thinking: Basic truth and principles are applied regardless of specific situations, try to be impersonal, not letting personal wishes influence

→ Feeling: Best decisions are made based on what people care about, points of view is important, maintaining harmony, & relationships
Identify which decision would resonate with you as coach of Lerato's football team?

None of the options are correct!

- Cancel the entire participation of the team
- Proceed to the competition and leave Lerato behind
Structure: Judging vs Perceiving

→ Judging—Planned or orderly way of life, settled and organised, comfortable when decisions are made and like to bring life under control

→ Perceiving—Flexible and spontaneous way of life, understand and adapt to world than organising, Staying open to new experiences and information
Which of the two best describes your approach in engaging with the trip to Mombasa:

- None of the options are correct!

Options:

- Look for information, plan places to visit, book cafes in advance
- See how it goes, follow what happens in Mombasa
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<th>ISTJ</th>
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<th>INFJ</th>
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<tr>
<td>Responsible Executors</td>
<td>Dedicated Stewards</td>
<td>Insightful Motivators</td>
<td>Visionary Strategists</td>
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<td>Nimble Pragmatics</td>
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<td>Dynamic Mavericks</td>
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<td>Efficient Drivers</td>
<td>Committed Builders</td>
<td>Engaging Mobilizers</td>
<td>Strategic Directors</td>
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16 combinations of the MBTIs
How can knowledge of personalities enhance functioning within the primary health care team
Personalities strengthening the primary healthcare team
Coming together is the beginning, Keeping together is progress, Working together is success

– A wise woman