AfroPHC
African Forum for Primary Health Care

Virtual Workshop
"Building Teamwork for PHC in Africa"

4-7pm (CAT) 9-11 Sept 2020

Mostly group discussions
Register at AfroPHC.org > Workshop
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Day 1
Waiting for the world to change - Song by US Drs (3.34)
A few words of welcome

Champion Nyoni
How to use Mentimeter
Which country are you from?

south africa

usa
united states
argentina
lebanon
belgium
malawi
uganda
tanzania
kenya
nigeria
the netherlands
rsa
south sudan
sudan
How do you feel about the Workshop?

- Anxious: 4
- Relaxed: 11
- Excited: 32
<p>| | | |</p>
<table>
<thead>
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<th></th>
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</thead>
<tbody>
<tr>
<td>N/A</td>
<td>N/A</td>
<td>Nothing</td>
</tr>
<tr>
<td>Covid</td>
<td>Nothing</td>
<td>Internet challenges</td>
</tr>
<tr>
<td>Times are difficult</td>
<td>I am not anxious</td>
<td>Participating from home with all the family around</td>
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What is making you anxious?

- I am relaxed
- It's a challenging time of day with family 6 o'clock madness
- Poor Network
- Unstable internet
- Nothing
- Nothing
- Meet so many people at the same time
- Nothing
<table>
<thead>
<tr>
<th>Options</th>
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<tbody>
<tr>
<td>I'm a little anxious because I am not sure what to expect. Also, I hope I can articulate myself properly in the discussions</td>
</tr>
<tr>
<td>First of its kind am attending</td>
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<tr>
<td>Nothing</td>
</tr>
<tr>
<td>To participate</td>
</tr>
<tr>
<td>Political will and support for PHC</td>
</tr>
<tr>
<td>Not knowing what to expect.</td>
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<tr>
<td>Other commitments during tome</td>
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<td>N/A</td>
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</tbody>
</table>
What is making you anxious?

- In case there is load shedding before we finish
- Meeting new people and what to expect
- The possibility of not being able to participate fully
- Public speaking
- When will we get treatment for COVID-19?
Agenda 9th Sept

→ What is AfroPHC all about? Shabir Moosa, WONCA Africa
→ Understanding the Myers Briggs Type Indicator (MBTI). Champion Nyoni, AfriPEN
→ Welcome! Prosper Tumusiime, WHO AFRO
About AfroPHC

Shabir Moosa
What is AfroPHC?

- African Forum for Primary Health Care
- Bring together leaders of PHC Team across Africa
- Understand and support each other
- Build PHC teamwork in Africa
- Advocate for appropriate PHC and UHC
Who is AfroPHC?

- WONCA Africa (for family doctors)
- ANAC (for clinical officers/associates)
- AAAPN Coalition (for family nurse practitioners)
- ICN (for nurses generally)
- AfriPEN (for allied health professions and interprofessional practice)
- TUFH/WAIPH (for public health practitioners)
- AFREHealth (for health educators/researchers in Africa)
- Primafamed (for family medicine educators)
- SPARC (for strategic purchasing officials)
- AMREF (for CHWs/community stakeholders)
- WHO AFRO
AfroPHC Core Team?

→ Shabir Moosa/Joy Mugambi, WONCA Africa
→ Champion Nyoni, AfripEN
→ Bongi Sibanda, AAAPN
→ David Lusale/Albert Taiti, ANAC
→ Monica Burns, WONCA
→ Jeff Markuns, PHCPI
→ Innocent Besigye, Primafamed
→ Stacey Stender, Jhpiego
→ Ireneous Dasoberi/Atiene Segay, AfREHealth
→ Prosper Tumusiime, WHO AFRO
→ Lolem Ngong, AMREF
→ +15 other key people...
Activities of AfroPHC?

- AfroPHC Website
- AfroPHC Google Group
- AfroPHC Webinars
- AfroPHC Training
- AfroPHC Conference/Workshop
Welcome by WHO

Prosper Tumisilme
Top 10 Best African Songs of All Time (5.01)
Group Discussion

- Random groups of 8-10 for 15min x 3 rounds
- Appoint facilitator to chair
- Appoint rapporteur to take notes
- Quick introduction: Name, Professional Background, Place, MBTI Profile,
- Regroup at 5.45 pm (16 minutes of documentaries before feedback)
- Feedback via Mentimeter (note code above)
GROUP DISCUSSION
Join the Group Discussion

If you are still here then you are missing out on some group discussions.
Hover your mouse over your screen until the menu at the bottom shows. You should see unmute video, show video at the bottom left. Check for "participants" and click to see the "Join" button on the list of participants. Click and join your group.
Enjoy!
Documentaries (±16min)

- Primary Health Care: Alma-Ata (3.31 min)
- What is primary health care? (4.11min)
- Why is PHC important? (6.39 min)
- WHO: What is people-centred care? (2.36 min)
Primary Health Care: Alma-Ata (3.31 min)
What is primary health care? (4.11min)
Why is PHC important? (6.39 min)
WHO: What is people-centred care? (2.36 min)
GROUP FEEDBACK
Share five word on your thoughts now.

interesting
interactive
learning
exciting
relaxed
Who were really interesting people you met?

francis
sabielele alli
lars
Rank the programme today on the following:

1st: Interactive
2nd: Value-adding
3rd: Innovative
4th: Entertaining
What is your feedback on "MBTI"?

- Useful especially when working in teams
- Interesting opener to get to know each other
- Very eye opening
- Enlightening
- A good tool to unpack these personalities more.
- I find it very valuable in identifying the strengths that we often consider weaknesses and also being able to better understand and adapt to others
- It was quite interesting and eye opening. Thanks for the opportunity
- Very useful and interesting
- Conversation starter
What is your feedback on "MBTI"?

- Promotes self introspection and personal understanding
- Good for understanding the strengths of one's colleagues
- Important to know own positionality and that of others
- Very useful tool to reflect on personalities. That will allow a better team group
- I think it can be really useful for leveraging the strengths of team members.
- So valuable to understand oneself and others better. What I always thought was a weakness in myself, can actually be a strength, and that fundamentally changes how one participates within the team. So liberating!
- MTBI is a new personality tool, but it's very rich of information which is of major role to play when dealing with team dynamics. It also helps healthcare providers to deal with patients with different personalities.
- Nice ice breaker
- Very useful tool in teamwork
What is your feedback on "MBTI"?

- It is important for every person to evaluate their personality and the personalities of other team members.
- Still needs to learn more about it.
- It's a reflection of our daily interaction with our clients.
- Very interactive. Breakup sessions are just great.
- Was only getting to know about it today. The little I heard have sparked an interest to learn more.
- It is a spectrum.
- Initially I was nervous and thought it would be technically challenging between zoom and mentimeter. I have learned so much, met so many health workers/specialist from different countries and disciplines. Looking forward to tomorrow.
- It is a good assessment test, that gives you an idea of a persons’ personality and helps in planning in a organisation to harness an individuals’ potential.
Any questions/comments?

0 questions
0 upvotes
African Songs you should know (8.17)