AfroPHC
African Forum for Primary Health Care

Virtual Workshop
"Building Teamwork for PHC in Africa"

4-7pm (CAT) 9-11 Sept 2020

Mostly group discussions
Register at AfroPHC.org > Workshop
Follow #AfroPHC2020

Day 3
Shakira Waka Waka (3.30 min)
A few words of welcome

Shabir Moosa
How to use Zoom Rooms
How to use Zoom overall?
Getting into a Zoom Room

The host is inviting you to join Breakout Room: Breakout Room 1

Later
Join Breakout Room
Using the Zoom Room
You can invite the host to this Breakout Room for assistance.

Invite Host
How to use Mentimeter
Using Mentimeter

→ Download the app to your phone from the App Store (iOS/Android)
→ Click the icon to open this user interface
→ Put in the code from the top of this presentation (see it right at the top)
→ or go to Menti.com on your browser and do the same
Which country are you from?
What is your profession?
What drug is most commonly used in Nigeria?

- Cough Syrup: 27
- Opioids: 9
- Marijuana: 10

The most commonly used drug in Nigeria is Marijuana.
True or false? Assault is among the most common unnatural causes of death in South Africa.
Leaderboard

1951 p  Ola
1926 p  PEWW
1920 p  Strawberry
1903 p  Cake
1811 p  arun
1723 p  Tom
1718 p  ET
1699 p  Ambriel
987 p  Mars
986 p  Caramel
Between Kenya, Nigeria and South Africa, which country has the lowest obesity rate?
What share of women in Africa suffer from depression?
How many people lived with HIV in Africa as of 2018?

- 15 million
- 26 million
- 8 million

Correct answer: 26 million
Leaderboard

3452 p  Carl Gustav
2959 p  Skidz
2923 p  Ola
2818 p  Ian Dogless
2789 p  arun
2724 p  Emmanuel
2697 p  Ubuntu
2696 p  ET
2649 p  Lynn
2513 p  Ambriel
ANSWERS?

http://africacheck.org/infofinder/#/facts/health/all-regions
How do you feel right now?

- excited
- great
- happy
- productive
- optimistic
- expectant
- skilled
- energised
- ready
- serious
- amazing
- curious
- eager
- drowsy
- pleased to be here
- flat
- tired
- looking forward
- it's Friday
- consolidation and next steps
- cold
- excited
- engaged
- chilling
- ready
- well
- anxious
- busy
- privileged
- anxious
- prepared
<table>
<thead>
<tr>
<th>Category</th>
<th>Expectation</th>
</tr>
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<tbody>
<tr>
<td>learn more</td>
<td>Not sure</td>
</tr>
<tr>
<td>Fulfillment</td>
<td>To learn</td>
</tr>
<tr>
<td>Interactions. Networking.</td>
<td>Learn about WONCA Africa</td>
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<td></td>
<td>More insights on phc</td>
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<tr>
<td></td>
<td>to learn from others</td>
</tr>
<tr>
<td></td>
<td>Learn much</td>
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</table>
What are you expecting today?

- To learn more about interprofessional collaboration
- To be uplifted by the discussion.
- More information on PHC
- To learn and acquire more knowledge
- Learn about PHC in other countries
- Excellent interactions
- Concrete deliberations on PHC at regional level
- Learning about AfroPCH
- Looking forward to meeting primary care leaders from across Africa
What are you expecting today?

- Ambulatory PHC
- More enlightened
- To have a way forward with regards PHC in Africa
- Round up interesting discussions on the way forward
- Learn from others
- Inspiration
- To participate fully in today's event
- Action
- Way forward or next steps
What are you expecting today?

- to be more involved in the discussion
- How to improve access to PHC
- To learn more about AfroPHC
- Panel discussions and networking
- Interesting conversation
- An engaging and educative session
- COLLABORATION, INTERACTION, NETWORKING, LEARNING.
- Adequate conclusion
- More insights on PHC
What are you expecting today?

- More information
- not sure
- I want to see how PHC can be improved in Africa

- To not have the same old discussions that we've had, but to discuss new ideas...
- To able to learn how to implement what I gained
- Learn

- Good discussion
Agenda 11th Sept

→ Panel discussion with representatives of AfroPHC supporting organisations
→ Who should be part of the PHC team?
→ How should the PHC team work in ambulatory PHC service delivery in Africa?
→ What is needed to support the PHC Team?
→ What is the way forward?
"WORD" feedback on "Who should be part of the PHC team in African PHC Service Delivery?"
Words feedback on “What does the community expect from ambulatory PHC service delivery in Africa?”

What does the community expect?
2009 World Health Assembly (WHA 62.12)

RESOLUTION: “to train and retain adequate numbers of health workers, with appropriate skill mix, including primary health care nurses, midwives, allied health professionals and family physicians, able to work in a multidisciplinary context, in cooperation with non-professional community health workers in order to respond effectively to people’s health needs”
Figure 1: Human Resources for Health Conceptual Framework
Panel Discussion

- WONCA Africa (for family doctors)
- ANAC (for clinical officers/associates)
- AAPN Coalition (for family nurse practitioners)
- ICN (for nurses generally)
- AfriPEN (for allied health professions and interprofessional practice)
- TUFH/WAIPH (for public health practitioners)
- AFREHealth (for health educators/researchers in Africa)
- Primafamed (for family medicine educators)
- SPARC (for strategic purchasing officials)
- AMREF (for CHWs/community stakeholders)
- WHO AFRO
Group Discussion

- Random groups of 8-12 for 45min x 1 round
- Appoint facilitator to chair
- Appoint rapporteur to take notes (max 10 lines per question)
- Quick introduction: Name, Professional Background, Place, MBTI Profile,
- Regroup in 45 minutes
- Feedback via Mentimeter (note code above)
- Now "Dance"
Dance to Jerusalema (4.14)
Join the Group Discussion

→ If you are still here then you are missing out on some really great group discussions.
→ Hover on your page and see the menu at the bottom
→ Click on "Join Breakout Room" to join your group.
→ Enjoy!
GROUP FEEDBACK
Share three word that flash to mind now

collaboration
leadership
communication
Group feedback on "Who should be part of the PHC team in African PHC Service Delivery"

- Patient at center
- All healthcare professionals
- All health worker should be part of PHC services!
- Family physicians
- Team based approach
- Community health workers, patients,
- Community health workers, Health professionals
- Laboratory
- All professions
Group feedback on "Who should be part of the PHC team in African PHC Service Delivery"

- Medical doctors, Nurses, Pharmacists

- Nurse, dr, dietician, social worker

- Everyone with equal input

- GP, nurse, physiology, community health worker... no one is more important than the other, they are equal in this regard

- Policymakers

- Nurses at the epicentre

- Government Community themselves Non-govermental organization All professionals

- CHWs

- DENTAL THERAPISTS, ORAL HYGIENISTS, CHWS, NURSES, SOCIAL WORKERS, CLINICAL OFFICERS, HEALTH PROMOTERS, PHARMACISTS.
Group feedback on "Who should be part of the PHC team in African PHC Service Delivery"
Group feedback on "Who should be part of the PHC team in African PHC Service Delivery"

- Politician
- Community leaders
- Multidisciplinary team
- Community leaders
- Community
- Those health workers who are often underestimated, should be prioritised e.g. CHWs, Clinical Associates and Occupational Therapists.
- Community leaders
- Community Health workers
- Social determinants of health need development practitioners & economists to partner with phc planners
Group feedback on "Who should be part of the PHC team in African PHC Service Delivery"

- Community leaders
- Speech therapist
- Governmental understanding of roles and training.
- Civil society representative
- Nurse, Physician, Nutritionist, Pharmacist, Tech, Lab, Community health worker
- Patient-centered care, Family physicians, Pnc, sisters, Midwives, Pharmacists, Community health workers, Policy makers, Leadership of the PHC team
- Psychologists
- Doctor, Nurse, Midwife, Medical Laboratory Scientists, CHW of
- Patients themselves
Group feedback on "Who should be part of the PHC team in African PHC Service Delivery"

- Policy makers
- Service users
- Collaboratively
- Interprofessional approach
- Public health awareness thru radio programs etc.
- Collaboratively
- Interprofessional education
- Clearly defined roles & functions; division of work; interprofessional
- Communication between HCP
Group feedback on "Who should be part of the PHC team in African PHC Service Delivery"

- It should be multi-disciplinary with Family Physicians, nurses, midwives and community health workers
- Multi-professional education builds teams.
- Inter-professional approach
- Mid-level cadres, Community health workers, Nutritionists
- Collaboration is key
- Inter-professional integrates teams - trained together inter-professionally organized around FM and primary care principles - providing team for a community together
- Training lay people and an aggressive disease prevention and promotion of health and hygiene, and to get the Government to force food and beverage manufacturers to take out unhealthy substances in their products.
Group feedback on "Who should be part of the PHC team in African PHC Service Delivery"

- Public health awareness programs
- Radio programs
- NGO should work closer with communities
- Processes that support effective communication between patient and mix of providers
- Elevating the stature of PHC and the PHC workforce
- All healthcare workers
- Patients no particular hierarchy
- Informative
- Interesting
- Community Health Workers
- Discussions
- Incomplete summaries from breakout rooms - left out important info
Group feedback on "Who should be part of the PHC team in African PHC Service Delivery"

- Limited time to participate during work hours
- Collaboration
- Policies and guidelines
- Nurses, midwives, community health workers, community members
- Engaging politicians
- Prof Moosa
- Bongi
- Elize
Group feedback on "How should the PHC team work in ambulatory PHC service delivery in Africa?"

- Health professionals collaborating with community health service providers and local council leaders
- How starts with multi-prof education
- Nutritionist should be part of the team
- Led by a family physician, with community involvement.
- Collaborative, multi-tasking, task shifting
- Coordinated, collaborative and consultative
- Collaboratively with clear structure of clinical leadership, clinical governance
Group feedback on "How should the PHC team work in ambulatory PHC service delivery in Africa?"

<table>
<thead>
<tr>
<th>Collaboration</th>
<th>Nurse and midwife are core</th>
</tr>
</thead>
<tbody>
<tr>
<td>Role identity</td>
<td>How is a structural issue,</td>
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<tr>
<td>Scope of practice</td>
<td></td>
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<tr>
<td>HEALTH PROMOTION AND PREVENTION</td>
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<tr>
<td>Team work ad interprofessional collaboration</td>
<td></td>
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<tr>
<td>Do lots of support groups/clubs</td>
<td>Team should have a lead who should be a doctor</td>
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<td>Go on home visits</td>
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<td>Invest in health workforce development</td>
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<td>Governments to commit to sustainable PHC not reliant on donor funding</td>
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<tr>
<td>Evidence based approach to PHC</td>
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</tbody>
</table>
Group feedback on "What support does the PHC team need in ambulatory PHC service delivery in Africa?"

- Financial support
- Governmental support
- Government support
- Professional support
- Prioritize PHC services
- Rehab needs access to transport
- Policies
- Education and training
- Resources
- Good policy/infrastructure
<table>
<thead>
<tr>
<th>Topic</th>
<th>Feedback</th>
</tr>
</thead>
<tbody>
<tr>
<td>Infrastructure</td>
<td>Political good will</td>
</tr>
<tr>
<td></td>
<td>Community support</td>
</tr>
<tr>
<td>Manpower</td>
<td>Phc favourable policies</td>
</tr>
<tr>
<td></td>
<td>Community support</td>
</tr>
<tr>
<td>Political will</td>
<td>Telehealth, Government / Infrastructure support</td>
</tr>
<tr>
<td></td>
<td>Good leadership</td>
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</tbody>
</table>
Group feedback on "What support does the PHC team need in ambulatory PHC service delivery in Africa?"

- Functional and available equipment, medicines, infrastructure
- Responsive, proactive, budget allocation
- Trained and educates professionals

- Political will
- Leadership
- Political support

- Financial support
- Good government policies
- Advocacy
- Training/interprofessional education
Group feedback on "What support does the PHC team need in ambulatory PHC service delivery in Africa?"

- Good free medicine supply.
- Clear algorithms
- Support supervision
- POLITICAL WILL, RESOURCES-HR, financial, infrastructure, equipment, time. Training of the whole team, Public Health specialist support
- Community engagement
- Certification and registration of CHWs
- Stable leadership, Good procurement services, Prioritisation of PHC by governance, Resource building, Community participation in their health care
- Good Access roads
- Effective supply chain
Group feedback on "What support does the PHC team need in ambulatory PHC service delivery in Africa?"

- Policy framework supporting PHC leadership and resources, with community participation.
- Local government support and better management at local and provincial level.
- Rehab technology, e.g., assistive devices.
- Team building.
- Community participation.
- Public private partnerships.
- Good policy and activity to positively impact on determinants of health. Share wealth and resources better to lessen poverty.
- Multisectoral collaboration.
Group feedback on "What support does the PHC team need in ambulatory PHC service delivery in Africa?"

Strengthen supervision at a PHC level
Any questions/comments?

5 questions
6 upvotes
What was outstanding about this Workshop?

interactive

informative

very engaging

sharing ideas

broad overview

no voices from community

uniqueness of settings

perspective other places

richness

relaxed

interdisciplinary group

interactive session

global phc views

thought provoking

thought-provoking

insightful

fun

highly interactive

long-distance communication

passion for phc

representative of africans

insightful

innovative

insightful

frontline workers

afrocentric

inspiration

teambuilding
What could have been better and how?

include community voices

networking

patients needs, geo disparities, community-centred, patient groups missing, weekend daytime workshop, hoping to hear a summary

include community voices

more time for discussion, include rehab voices, organizing feedback, bring patient voice

networking

involving different cadre, intercountry presentation, voices of community leaders, restructuring to increase

patient-centred, community health workers, community representatives, increase networking

session reactions, include CHW voices

thank you very much
Way Forward
What is AfroPHC?

- African Forum for Primary Health Care
- Bring together leaders of PHC Team across Africa
- Understand and support each other
- Build PHC teamwork in Africa
- Advocate for appropriate PHC and UHC
How do we "Build PHC teamwork in Africa"?

- Collaboration
- Based on needs of Community
- Collaboration

- Governmental buy in.
- Collaborations
- Training
- Educational program support

- Sharing best practices
- Have inter-disciplinary training.

Image: Mentimeter
How do we "Build PHC teamwork in Africa"?

- Interprofessional education and collaborative practice (PECP)
- Advocacy
- Interprofessional collaboration
- Regular workshops
- Definite the team and how to bring it together
- Benchmarking best practices
- Empowering nurses
- Government support and embrace of PHC
- Connectedness. We need to get to know each other, and what each health worker contributes to PHC.
How do we "Build PHC teamwork in Africa"?

- Start with PHC training module where you include all the different health professionals
- Get Africans in diaspora involved
- Supporting each other Pressure on govts to focus on phc
- Training in advocacy.
- Leadership. Practice based research leading to evidence-based practice
- A statement of AfroPHC beliefs and vision from this workshop
- Capacity building for CHWs
- Policy framework
- Stakeholder involvements
How do we "Build PHC teamwork in Africa"?

Coordinated Africa regional program through this platform

Well defined schedules and job description for each health cadre
Regular capacity development
Community led PHC service provision

Training, development and recruiting the right personnel

Government needs to value primary care.

Provide treatment literacy for service user groups.

Robust inter professional conflict resolution system

Public-Private engagement

Pre-service training should include training in building and managing teams for all health and allied professionals

Educate journalists and influence media.
How do we "Build PHC teamwork in Africa"?

Organizing workshop to bring people with different views and experience together such as this.

Interprofessional

Collaboration, sharing and pooling of knowledge in all the disciplines and patient involvement and the patient taking full responsibility for their health and wellbeing.

Open education training and an open university with an emphasis on skills development and in an impartial and informal basis.
How do we "Advocate for appropriate PHC and UHC"?

- Engage communities
- Engage politicians
- Good leadership
- Lobbying
- research and evidence
- Successful projects
- Engage Primary healthcare workers
- Health organizations and bodies to gear up support on PHC programs
- Continuous professional development
- Community should be included in their PHC
How do we "Advocate for appropriate PHC and UHC"?

- A statement of AfroPHC beliefs and vision for PHC based on this workshop
- Generate conference Statement
- Integrating PHC into health care system and supporting its continuation
- Community engagement
- Leadership
- Effective policy implementation
- Accessible health care for all
- Elevating the PHC workforce

Governments need to commit to creating a maintainin health worker posts, esp health workers who are undervalued by decision-makers eg. Rehab professionals (Occupational Therapists, Speech Therapists, Dieticians, etc), Clinical Associates, CHWs.
How do we "Advocate for appropriate PHC and UHC"?

- Collaborations
- Networking
  - needs assessments, financial envelope defined and allocated, availability of staff and "technology"
- Empowering communities and HCW
- Resources for rural communities
  - Allow all healthcare professionals with a degree to do a master's (residency) in Family medicine
- Community voices should be heard
- Ensure effective mechanism for accountability and transparency
  - Recognise PHC workers
How do we "Advocate for appropriate PHC and UHC"?

- Making health political attractive
- Community participation and engagement
- Prof. Moosa
- Implementation science research
- Bongi
- Best practices should be shared among the countries
- Dr. Mugambi
- Accessible quality PHC
- Bongi Sibanda
How do we "Advocate for appropriate PHC and UHC"?

Joy

AfroPHC should be more formalized with a clear purpose/vision, goals, frameworks and collaborative work and projects geared towards international cooperation for health for all in Africa.
Any leaders that stood out in the Workshop?
AfroPHC Core Team:

- Shabir Moosa/Joy Mugambi (WONCA Africa)
- Champion Nyani (AfriPEN)
- Bongi Sibanda (AAAPN)
- Innocent Besigye (Primafamed)
- David Lusale/Albert Taiti (ANAC)
- Ireneous Dasoberi/Atiene Segay (AfREHealth)
- Lolem Ngong (AMREF)
- Prosper Tumusiime (WHO AFRO)
- Monica Burns (WONCA)
- Jeff Markuns (PHCPI)
- Judy Khanyola (Nursing Now)
- Stacey Stender/Radha Karnad (Jhpiego)
Others on the Core Team (35 total)

- Lillian Dzodzi (Midwife)
- Viviana Martinez-Bianchi (WONCA)
- David Ponka (Besrour)
- Jan de Maeseneer/Tom Carter (EFPC)
- Nick Torres/Aricia de Kampeneer/Godwin Aja (TUFH)
- Ian Couper, Ukwanda
- Bob Mash (Primafamed)
- George Kimathi/Githinji Gitahi (AMREF)
- Thembeka Gwagwa (ICN)
- Anne Mwansa (ex-WHO)
- Dan Abubakar (WONCA Africa)
- SPARC/HIFA/UHC for PHC
What is the organisational way forward?

- AfroPHC should be formalised as an organisation: 25
- AfroPHC should remain a loose network as is: 5
Which organisational option do you prefer?

- Organisational Membership: 2
- Individual Membership: 1
- Mix of Individual Membership with Supporting Organisations: 26
Activities of AfroPHC?

→ AfroPHC Website
→ AfroPHC Google Group
→ AfroPHC Webinars
→ AfroPHC Training
→ AfroPHC Conference/Workshop
What should AfroPHC be doing, going forward?

- Continuous workshops as such
- Connect with ADDI
- Publish a monthly newsletter
- WHATSSAPP GROUP, RESEARCH, MORE WORKSHOPS, CONFERENCE
- Exchange experiences
- Site to share research activities on PHC
- Research
- workshops
- Updates or polices
What should AfroPHC be doing, going forward?

- Regular seminars and short workshops
- Reginal trainings
- Workshops
- Collating evidence
- Monthly news letter
- How to connect with government and funding sources.
- Research
- Effective engagement with participating organisations
- Collaborative documents.
What should AfroPHC be doing, going forward?

- Student and student leadership involvement
- Keep up with the training sessions
- Advocating for the interprofessional PHC workforce
- Continued professional development
- Short courses that would add value
- Evidence based arguments
What five priority issues should AfroPHC be addressing?

- Training of CHW
- Improve status of CHW
- Guidelines or protocol
- Interdisciplinary education
- Increase members diversity
- Interdisciplinary research
- Donor funding
- Training health workers
- Collaboration
- Conduct researches
- Advocacy
- Publish newsletter
About AfroPHC

African Forum for Primary Health Care

We, as health workers on the frontlines of Primary Care (PC) services in health systems of Africa and supporters of the Primary Health Care (PHC) approach, are committed to achieving universal health coverage (UHC) in Africa. However, it is very easy for UHC to be seen as a financial solution without the required reform in PC service delivery. The centrality of PHC to UHC efforts may become lip service especially when frontline PC worker voices are ignored in Africa. We feel that there is a serious risk of African UHC becoming directed towards specialist and hospital services focused on vocal city elites, rather than PC services and PHC approach that serves the often-silent masses, especially in rural communities.

We welcome the UHC Declaration, adopted at the High-Level Meeting on Universal Health Coverage in New York on 23rd September 2019, for Clause 37 under “Strengthen PHC for UHC”. However, it does not specifically address human resources for PC services, specifically the need for everyone to have access to well-trained health workers in their first contact with health care. Overly-simplistic solutions for PC services through vertical disease-based approaches are not...
Thank you to the frontline, Chris Mann (4.49 min)